

Organisations/Groups/Charities

- **The Lantern Trust**

To help and support services for vulnerable people to improve their life. Finding the next step and giving people encouragement to move forward. **Address:** 2, Ranelagh Road, Weymouth, DT4 7JD **Phone:** 01305 787940 **Web:** <https://lanterntrust.org.uk/> **Email:** info@lanterntrust.org.uk

- **Bridport Community Front Room**

A welcoming and safe place to speak to a mental health worker or peer specialist. No referral or appointment needed and you are welcome to bring a friend. Open Thursday - Sunday 3.15pm - 10.45pm over 18yrs only. **Phone: 07385 290204** **Address:** The Assembly Rooms, Gundry Lane, Bridport, DT6 3RL.

- **Jurassic Coast PCN— Social Prescribing Team**

Social Prescribing is a supported self-management service. Clients are connected to community groups and statutory services for practical and emotional support to assist with specific issues and to improve overall wellbeing. Open Mon – Fri from 8.30am – 4.30pm .

Phone: 01308 428943 **Address:** Bridport Medical Centre, West Allington, Bridport, DT6 5BN

Email: jcsocialprescribing@dorsetgp.nhs.uk

- **Harmony Drop in Centre**

For anyone reaching a mental health crisis. Harmony provide a non-judgmental and safe space to talk and be listened to. Services for adults only. Open Mon 10am - 1pm & 2pm-4pm, Wed & Fri 10am-1pm. **Phone:** 07597 379290 **Address:** The Assembly Rooms, Gundry Lane, Bridport, DT6 3RL **Web:** <http://harmonydropin.org.uk/>

- **Domestic Violence Support—Paragon**

Dorset County - Paragon integrated domestic abuse service. Paragon work with women, men and children.

Free phone: 0800 032 5204

Web: <https://paragonteam.org.uk/>

Email: ParagonDorset@theyoutrust.org.uk

Organisations/Groups/Charities

- **First Point Dorset**

Providing help to reduce homelessness, poverty, poor physical or mental health, or social isolation. Drop in sessions act as a front door to support in addition to traditional referral routes. **Phone:** 0330 123 2550.

Address: 56, St Mary's Street, Weymouth, Dorset, DT4 8PP **Web:** <https://theyoutrust.org.uk/service/advice-services/dorset-firstpoint-housing-and-community/>

- **You Trust**

Providing housing related support and guidance to people over 16 years of age facing eviction, rent arrears, court action and budgeting issues. You can self-refer to the service via telephone or email, or you can be referred to the service through an agency.

Phone: 01329 825930 **Web:** www.theyoutrust.org.uk

Email: enquiries@theyoutrust.org.uk

- **Age UK**

Advice and information for people aged 50 plus on social care, housing options, homelessness, money, and benefits **Phone:** 01305 269444 / 0800 678 1602

Web: <https://www.ageuk.org.uk/information-advice/care/housing-options/homelessness/>

Email: info@ageukdorchester.org.uk

- **Reach Drug & Alcohol Services**

Support for people to address drug and alcohol misuse, mental ill health and improve their health and wellbeing. Working in the South West across Dorset and Devon in the community and within prisons. Hubs are located in Weymouth, Gillingham and Wimborne). Weymouth Hub open Mon – Fri 9am – 5pm.

Phone: 0800 043 4656 **Address:** Weymouth Coffee Tavern, 24, High West Street, Weymouth, DT4 8JH

Web: www.edp.org.uk/reach

Bridport Local Area

PARTNERSHIP

Help and Support
including
Homelessness
Guide to essential Local contacts if you find yourself in need of support and advice



Feeding the Community



BLAP, c/o Bridport Town Council, Mountfield, Bridport, Dorset DT6 3JP Tel: 01308 456722

All information correct as of Aug 2022

Local Authority

- **Dorset Council**

Free advice and assistance if you become homeless due to losing your home or being asked to leave. If Dorset Council cannot prevent a household from becoming homeless, they may have a duty to provide temporary accommodation. Open Mon-Fri 9am –5pm.
Phone: 01305 221000
Web: www.dorsetcouncil.gov.uk/housing/homelessness/homelessness-advice-and-assistance
Email: housinghelp@dorsetcouncil.gov.uk

Homeless Outreach Teams

- **Street Link—Report someone who is Homeless**

Help to end rough sleeping - members of the public can report someone sleeping rough. Information will be sent to local services that can find the person and connect them to support. **Phone:** 0300 500 0914
Web: www.streetlink.org.uk/

- **Julian House**

Assertive Outreach Team who go onto the streets of West Dorset, Weymouth, Portland to help people off the streets. Referrals also through Street Link.
Phone: 01305 236585 **Outreach:** 07757 727016
Address: The Lantern, 2, Ranelagh Road, Weymouth, DT4 7JD **Web:** www.julianhouse.org.uk
Email: dorset-outreach@julianhouse.org.uk

- **Shelter**

Providing housing advice for those who are homeless or at risk of homeless and supporting those who are struggling with housing.
Phone: 0808 800 4444 (8am-8pm Mon-Fri and 9am-5pm Weekend)
Web: www.England.shelter.org.uk

Citizen's Advice Bureau

- **Bridport & District Citizen's Advice Bureau**

Free, confidential and impartial advice on a range of topics including benefits, debt, housing, employment, relationship breakdown, family issues, consumer immigration, health, and court issues. Open Mon, Tues & Thurs from 10am – 3pm, and Weds & Fri 10am-1pm.
Phone: 0800 144 8848 **Address:** 45, South Street, Bridport, DT6 3NY **Website:** www.bridportca.org.uk

Food Provision

- **Cupboard Love Food Bank—Bridport**

Anyone can come and get one food parcel in an emergency once. Revisits will require a referral from one of the 20 referral agencies. Open 11am — 1pm every Wednesday.
Phone: 07443 596094 **Address:** St Mary's Church, 56A, South Street, Bridport, DT6 3NN
Web: www.bridport-team-ministry.org/food-bank/
Email: cupboardlove.bridport@gmail.com

- **Bridport Community Kitchen**

Open to anyone who needs a hot meal. Offers a variety of free homemade soup and/or meals, tea, coffee and cake. Open Wednesdays and Fridays 12noon - 2.30pm.
Phone: 01308 456031 **Address:** Beacon Church, Priory Lane, Bridport, Dorset, DT6 3RW
Web: <https://www.beaconchurchbridport.co.uk/>
Email: office@beaconchurchbridport.co.uk

- **Garden Glut & Food Stall**

Providing free (or donation) surplus food. Open to everyone and no referral is needed. Every Thursday from 9.30pm – 12.30pm. **Address:** St Swithin's Church car park, North Allington, Bridport, DT6 5DU

Food Provision

- **Chapel in the Garden - Bridport Community Fridge**

Helping people in food poverty, open to everyone to help themselves to food. No referrals needed. Open Tuesday and Saturday from 10am—12noon.
Address: Chapel in the Garden, 49, East Street, Bridport, DT6 3JX. **Website:** <https://en-gb.facebook.com/bridportcommunityfridge/>
Email: events@bridportunitarians.co.uk

- **Hopeful Hampers**

Provide emergency hampers of tinned/dried and fresh food to families in urgent need of food. Open Mon-Fri 10am—1pm. **Address:** Hopeful Hampers, Gundry Lane, Bridport, Dorset, DT6 3RL. **Email:** bridporthh@gmail.com

- **Beaminster Food Bank**

Families and individuals who need to use the Food Bank do not need a referral. Open Monday 10am-12noon and Friday 10am-12noon. **Phone:** 07434 654652 **Address:** Prout Bridge Building, 6 Prout Hill, Beaminster, DT8 3AY **Email:** beaminsterfoodbank@gmail.com

Organisations/Groups/Charities

- **Pilsdon Community**

Offering a place of welcome and refuge to people of all backgrounds and circumstances whose lives are in crisis, as a result of mental illness, alcohol or drug addiction, relationship breakdown or homelessness. Also offers hospitality to wayfarers and people who are homeless. The community is strictly alcohol and drug free. The Community is not a 'professional therapeutic community' or a 'service provider'; it is a place in which living and working alongside others enable people to give and receive support in a safe environment.
Phone: 01308 868308 **Address:** The Pilsdon Community, Pilsdon Manor, Pilsdon, Bridport, DT6 5NZ
Web: www.pilsdon.org.uk **Email:** pilsdon@pilsdon.org.uk